

## **Yor-ok Child & Adolescent Mental Health Draft Strategy 2013-16**

The CAMHS Strategy is being updated, building on the extensive City of York CAMHS Review and Future Challenges 2011-14 strategy document.

It will align with the Children and Young Peoples Plan Action 2013 -16:

- Promoting good mental health - Whilst we have a good range of services to support children and young people's emotional health and wellbeing, we need a more complete picture of local need across all the possible dimensions of young people's mental health.
- We will know we have succeeded - when we have better information about what services are needed, have been able to successfully deliver them and know that they are making a difference. We also need to continue to pay particular attention to what young people are telling us in this area

It will also align with the Health and Well-Being Strategy 2013-16 priority:

- Improving mental health and intervening early.

Each of these documents emphasises the important of: Comprehensive Needs Assessment; Young Peoples Involvement in services development; Early Intervention; Tackling Stigma and Workforce Development.

The draft strategy has been subject of much consultation with partners and young people. It will be presented in March YorOK Board for consultation and sign off. It will then be launched together with the refreshed Executive arrangements.

### **Outline Strategy:**

Mission Statement and Vision:

*'The ultimate goal is to: promote good mental and emotional well-being for children and young people in the City of York, where the emotional welfare and psychological development of the child is paramount.*

*To achieve this everybody engaged in providing services for children and young people should contribute towards:*

- *tackling the stigma of mental ill-health*
- *supporting high levels of personal achievement for all children and young people, both as individuals and as citizens, contributing towards the greater good.*
- *Access for all children and young people, from birth to their eighteenth birthday, who have mental health problems and disorders to timely, integrated, high quality, multi-disciplinary*
- *mental health services to ensure effective assessment, treatment and support, for them and for their families.'*

**The strategic priorities will be:**

- Strategic planning and commissioning bodies will work together effectively to support child and adolescent mental health and well-being.
- Children and young people and their families will be treated with respect and confidentiality.
- Mental health and well-being services provided by all agencies, including the voluntary and faith sector, are well coordinated.
- Promote mental well-being for children and young people and intervene early when difficulties begin to emerge.
- Universal level services (schools/community) will provide coordinated and effective support to children and young people experiencing emotional or mental health problems, thorough support and signposting by appropriately trained staff.
- Accessible, specialist support will be available for children and young people with severe or chronic mental health needs.
- Supported, Qualified, Experienced and confident workforce will work across agency boundaries

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